

Krause's Food and Nutrition Therapy (Food, Nutrition & Diet Therapy (Krause's))

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✓ Verified Book of Krause's Food and Nutrition Therapy (Food, Nutrition & Diet Therapy (Krause's))

Summary:

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In print for more than 50 years, KRAUSE'S FOOD & NUTRITION THERAPY has been recognized internationally as the most authoritative text on nutrition. This new edition continues its tradition of providing the most comprehensive and up-to-date content available today. New chapters on medical nutrition therapy for psychiatric disease and developmental disorders spotlight the advances made in these areas. Extensive appendices, tables, illustrations, figures, and clinical insight boxes give practical hands-on procedures and clinical tools with the most current information, including brand-new guidelines on food intake and physical activity, and highlight the inclusion of the new food guide pyramid, MyPyramid, to use in everyday practice.

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